

N.A.B.C. Club Awards 2009.

- **Nominated events.**

Event	Organising body.	Course	Date	Winner	Time	Trophy
10 miles	Godric C.C.	B10/43	8 th May	Duncan Lorne	23.46	Ken Voisey Memorial Cup
25 miles	Wolsey RC	B25/24	16 th May	Duncan Lorne	1.00.22	Halford Cup
30 miles	Lea Valley CC	E1/30	26th Sept	Duncan Lorne	1.13.06	Wickwar Trophy
50 miles	C.C. Breckland	B50/18	19th Sept	Duncan Lorne	2.00.50	Sir G.E. White Cup
100 Miles	East District C.A.	B100/4	11 th July	Duncan Lorne	4.6.35	A.J.Nudds Trophy
12 hours	C.C. Breckland	B12/3	8th Aug	Brian Foster	210.176	Willmott/BSA Trophy
Hill Climb	NABC/EACC/ Godric C.C.	BHC/8	10th Oct	Duncan Lorne	3.01.5	Suffolk R.C.C. Hill Climb Trophy
Best All Rounder	Various	Various	Various	Brian Foster	N/A	Harper-Smith Cup

- **Fastest times.**

Distance	Organising body.	Course	Date	Winner	Time	Award
10 miles	E.A.C.C	B10/3	30 th June	Eddie Dean	21.37	Medal
25 miles	N.A.B.C	B25/6	18 th July	Duncan Lorne	57.37	Medal
30 miles	Lea Valley CC	E1/30	26 th Sept	Duncan Lorne	1.13.06	Medal
50 miles	C.C. Breckland	B50/18	26 th June	Duncan Lorne	1.57.48	Medal
100 miles	East District C.A.	B100/4	11 th July	Duncan Lorne	4.06.36	Medal
12 hours	C.C. Breckland	B12/3	8th Aug	Brian Foster	210.176	Medal
10 miles lady	N.A.B.C	K/ham circuit	19 th Aug	Nicky Smith	31.34	Medal

- **Club Team Record**

Distance	Organising body.	Course	Date	Winner	Time	Award
10 miles	CC Breckland	B10/3	30 th June	Eddie Dean	21.37	Medal
				Dave Moore	22.20	Medal
				Vince Gedge	22.24	Medal
					Total of 1.6.21	

- Beats previous record held since 1977 by 1' 23"

- **Other Awards.**

Award	Organising body.	Course	Date	Winner	Time	Trophy
Short distance BAR	Various	Various	Various	Duncan Lorne	N/A	Club Cup
Vets BAR 10,25,50 on std	Various	Various	Various	Brian Foster	+1.37.15	Rackham Cup
Best Vet on standard at 25 miles	EACC	B25/24c	25 th Sept	Eddie Fone	+21.08 (1.9.47)	Veterans Trophy
Fastest novice	Various	N/A	N/A	Duncan Lorne	N/A	Wixey Cup
Best Juvenile	NABC	K/ham circuit	19 th Aug	Ben Howes	35.20	Mercer Cup
Closest time to Ivan's 25. (59.51)	N.A.B.C	B24/4	4 th July	Tim Finch	59.39	Ivan Jeckell Memorial Shield
NABC/EACC Interclub competition	NABC/EACC	Various	Various	Duncan Lorne	N/A	Sawyer/Voisey Cup
Best combined time from 2 of 3 summer 10's	E.D.C.A	B10/3	31 ST May	Duncan Lorne	22.23	Eva Harboard Rosebowl
	VC Norwich	B10/3	30th Aug	Duncan Lorne	22.42	
Winner of Club Evening 10 Series	NABC	K/ham Circuit	Various	Duncan Lorne	N/A	Lennie Woods Trophy
Criteriaums	Lotus Racing League	N/A	N/A	Dave Moore	N/A	Palmer Tyre Co.Trophy
Cyclo Cross	Cyclo Cross League	Redgrave	Nov.	Dougal Toms	4 th in under 12's	Suffolk Roads Cyclo Cross Cup
Club Member of the Year	NABC	N/A	N/A	Eddie Dean	N/A	Norfolk R.C. Cup
Winner of July Open 10	N.A.B.C	B10/43	3 rd July	Duncan Murphy	21.26	King George V Cup
Winner of July Open25	N.A.B.C	B25/4	4th July	James Eman	53.46	E.K.White Memorial Cup
Winner of October Open25	N.A.B.C	B25/24c	3 rd Oct	Gary Rushmore	56.14	B.E.Rump Memorial Trophy