

CLUB TIME STANDARDS.

Any club member will be eligible for a bronze, silver or gold medal for any of the distances shown below. The chart below shows the time standards that must be reached in order for a medal to be awarded. Awards will be made annually at the club dinner.

	Gold			Silver			Bronze		
	h	m	s	h	m	s	h	m	s
10 Miles Solos		24	00		25	30		27	00
Ladies & Trikes		25	30		27	00		29	00
25 Miles Solos	1	00	00	1	04	00	1	09	00
Ladies & Trikes	1	04	00	1	08	00	1	15	00
30 Miles Solos	1	12	00	1	17	00	1	23	00
Ladies & Trikes									
50 Miles Solos	2	02	00	2	10	00	2	20	00
Ladies & Trikes	2	14	00	2	20	00	2	30	00
100 Miles Solos	4	20	00	4	40	00	5	00	00
Ladies & Trikes	4	45	00	5	00	00	5	20	00
12 Hours Solos	240 Miles			225 Miles			210 Miles		
Ladies & Trikes	225 Miles			210 Miles			195 Miles		
24 Hours Solos	440 Miles			420 Miles			390 Miles		
Ladies & Trikes	410 Miles			390 Miles			360 Miles		

SCHOOLBOYS & JUNIORS ON DAY OF EVENT

	Gold			Silver			Bronze		
	h	m	s	h	m	s	h	m	s
10 Miles		25	00		27	30		30	00
25 Miles	1	03	00	1	09	00	1	15	00
30 Miles	1	18	00	1	24	00	1	30	00
50 Miles	2	12	00	2	20	00	2	00	00